



THE MASTERY MINDSET MENTORSHIP PROGRAM

Live, Learn & Teach

"The only true wisdom is in knowing you know nothing" - Socrates

For men and women who embrace the idea that true wisdom lies in recognizing how little we know, this presents a perfect opportunity to broaden your knowledge, perspectives, and leadership abilities. Through engaging with thought-provoking topics and leveraging books, we will explore case studies, real-life scenarios, and practical insights. Guest speakers from various fields will enrich your experience, ensuring an unparalleled learning journey. Interactive discussions, hands-on exercises, and peer learning will foster deep engagement and networking. To keep you aligned with emerging trends, we'll also offer ongoing support, networking events, and resources for continued growth and learning.

"To find yourself think for yourself." - Socrates

Topics



Session 1
PERSONAL MASTERY



Session 2
SELF AWARENESS



Session 3
LEADERSHIP



Session 4
CHANGE MASTERY



Session 5
BEING MASTERY




Session 6
ACTION MASTERY

Eligibility

- a) C-Suite Executives or aspiring professionals aiming to advance their careers
- b) Self-employed executives striving to establish and lead innovative and prosperous enterprises
- c) Anyone who believes that life is a learning journey.

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Modules

1

Personal Mastery Introduction to Self-Awareness

- Self Awareness
- Introduction and values clarification
- Purpose and Meaning making

2

Leadership

- Introduction to Leader 360
- Types of Leadership
- Leading in a Crisis
- Sources of Power

3

Change Mastery

- Introduction and adaptability
- Innovation mindset
- Change readiness strategies

4

Being Mastery

- Resilience & growth mindset
- Work-life Integration
- Stress management

5

Interpersonal Mastery

- Emotional Intelligence
- Empathy and Mindfulness
- Social support networks

6

Action Mastery

- Getting things Done
- Strategic planning
- Accountability and feedback
- Wrap up and next steps



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